



PVUSD Teach Program
After School Academic & Enrichment Program
Pajaro Valley Unified School District

Students participating in After School Academic Enrichment Programs may have the opportunity throughout the year to participate in one or multiple of the Teach Programs including Fitness 4 Life (F4L), Art Teach, Guitar Teach, Science Workshop, Tech Teach & Wetlands Watch. These programs have various parts & components including bicycling, running, swimming, dance, and other physical activities, art, guitar, hands-on science (using tools & hot glue-guns), tech computer classes, out-door education and field trips. These programs are offered in collaboration with community partners. Current community partners included The City of Watsonville, Mariposa's Art, Cultural Council of Santa Cruz, Watsonville Wetlands Watch and Fitness 4 Life.

F4L Permission Information

F4L offers students various forms of health, well-being and physical activity classes including bicycling, running, swimming, nutrition, dance, and other physical activities. I grant permission to my child to take part in the Nutrition Exposé, which will involve hands-on practical nutrition education; foods and beverages preparation and consumption. I understand that this will involve training in the safe use of kitchen knives and other kitchen implements, and safe use of kitchen fire. While I understand that the facilitators of the F4L Nutrition Exposé program will observe safety regulations and practices while engaging the kids in this exercise, I know that exposure to kitchen implements and fire never-the-less bears risks. I attest that the bicycle and equipment my child will use for the F4L program will be in good mechanical condition, and that F4L is not legally responsible for injuries that may result from bicycles provided by the organization or repairs made to my child's bicycle by F4L staff or a third party individual or entity volunteering or hired. I understand that wearing a helmet can prevent serious injury and my child will wear one in training and during bicycling events. I agree to defend, indemnify and hold harmless the Pajaro Valley Unified School District, its Board of Trustees, officers, agents and employees, individually and collectively, from and against all costs, losses, claims, demands, suits, actions, payments and judgments, including legal and attorney fees, arising from personal or bodily injuries, property damage or otherwise, regardless of and however caused, brought or recovered against any of the above individuals that may arise for any reason from or during or be alleged to be caused by the undersigned's participation in the F4L Program.

Important Information

I understand that with this waiver, release, and assumption of risk is to be binding on my heirs, executors, administrators, and assigns. I hereby grant full permission to PVUSD, Extended Learning Programs, The Teach Programs and community partnerships and other such entities authorized by Extended Learning Programs to use any photographs, video images, motion pictures, or any other record of this event for any legitimate purpose. I have carefully read and understood everything written above and grant permission for my child to take part in the Teach Programs.

Name of Student: _____

Name of Parent: _____ Date: _____

Signature: _____ Phone#: _____