

# Which Mindset Do You Have?

from, *Mindset*, pages 12 – 13

Read each statement below about intelligence, and decide whether you mostly agree or mostly disagree with each.

Mostly Agree

Mostly Disagree

1. Your intelligence is something very basic about you that you can't change very much.

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Mostly Agree

Mostly Disagree

2. You can learn new things, but you can't really change how intelligent you are.

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Mostly Agree

Mostly Disagree

3. No matter how much intelligence you have, you can always change it quite a bit.

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Mostly Agree

Mostly Disagree

4. You can always substantially change how intelligent you are.

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Read each statement below about personality and character, and decide whether you mostly agree or mostly disagree with each.

Mostly Agree

Mostly Disagree

1. You are a certain kind of person, and there is not much that can be done to really change that.

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Mostly Agree

Mostly Disagree

2. No matter what kind of person you are, you can always change substantially.

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Mostly Agree

Mostly Disagree

3. You can do things differently, but the important parts of who you are can't really be changed.

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Mostly Agree

Mostly Disagree

4. You can always change basic things about the kind of person you are.